MAGNOLIA COMMUNITY SERVICES

**AUGUST 2019 MEAL CALENDAR**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  | 1 Pork & Beans w/  Sausage **OR**  Chicken w/ Gravy  Rice  Spinach  Salad/ Peaches | 2 Caesar Chicken  Salad **OR** Chicken  w/ Gravy Wrap  Tater Tots  Mandarin Oranges | 3 |
| 4 | 5 Meat Sauce **OR**  Chicken w/ Gravy  & Pasta  Tuscan Blend  Salad  Cookies | 6  Chicken &  Sausage Gumbo  **OR** Broccoli &  Cheese Soup  Brussel Sprout  Vanilla Ice Cream | 7 Chicken  Nuggets **OR** Chicken w/ Gravy  Mashed Potatoes  Caribbean Blend  Salad / Yogurt | 8 Pepperoni Pizza  **OR** Jambalaya  Monterey Blend  Salad  Brownie | 9 BBQ Chicken  **OR**  Chicken w/ Gravy  Peas  Potato Salad  Pineapple Chunks | 10 |
| 11 | 12  Red Beans **OR**  Chili w/ Rice  Collard Greens  Cornbread  Diced Pears | 13 Spaghetti  Casserole **OR**  Chicken w/ Gravy  & Pasta  Capri Blend  Peaches | 14  Shrimp&  Grits **OR** Dirty Rice  Corn  Salad  Chocolate Pudding | 15 Beef Stew **OR**  Chicken Tortilla  Soup w/ Rice  Malibu Blend  Salad  Mixed Fruit | 16 Chili Mac **OR**  Chicken w/ Gravy  & Rice  Mixed Veggies  Fudge Bar | 17 |
| 18 | 19 White Beans **OR**  Shrimp & Corn  Soup  Spinach  Cornbread  Ice Cream Push Up | 20 Beef Tacos  **OR** Chicken Patty  on Bun  Corn on the Cob  Coleslaw  Tropical Fruit | 21 Chicken w/  Gravy **OR** Shrimp  Alfredo w/ Pasta  Broccoli  Salad  Pineapple Chunks | 22 Meatloaf **OR**  Chicken Nuggets  Mashed Potatoes  Sonoma Blend  Salad  Apple Cakes | 23 Seafood Gumbo  **OR** Chicken w/  Gravy & Rice  Peas & Carrots  Ice Cream Sandwich | 24 |
| 25 | 26 Lima Beans w/  Sausage **OR**  Dirty Rice  Cauliflower  Salad  Mandarin Oranges | 27 Hamburgers **OR** Chili on Bun  Baked Beans  Coleslaw  Chocolate Ice Cream | 28 Fish Sticks **OR**  Chicken Patty  Mac & Cheese  Capri Blend  Salad  Muffin | 29 Orange Pork  Chops **OR** Chicken  w/ Gravy  Caribbean Blend Salad  Mixed Fruit | 30  Jambalaya **OR**  Baked Potato Soup  Peas  Salad  Fig Bars | 31 |
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