## 

MAGNOLIA COMMUNITY SERVICES

**OCTOBER 2019 MEAL CALENDAR**



|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  | 1  Beef Stew **OR**  Chicken w/ Gravy  Rice  Broccoli  Yogurt | 2  Chicken Tenders  **OR** Chicken w/  Gravy & Potatoes  Caribbean Blend  Salad/ Ice Cream | 3  White Beans **OR**  Chicken w/ Gravy  Rice  Collard Greens  Salad/ Cookies | 4  Pizza  **OR**  Dirty Rice  Monterey Blend  Pineapple Tidbits | 5 |
| 6 | 7 Caesar Chicken **OR** Chicken w/ Gravy on Pita  Tater Tots  Coleslaw  Sherbet | 8  Shrimp Fried Rice  **OR**  Baked Potato Soup  Egg Roll  Tropical Fruit | 9 Chili Mac **OR**  Chicken w/ Gravy  Pasta  Chateau Blend  Salad  Orange Quarters | 10 BBQ Pork Chops **OR**  Chicken w/ Gravy  Baked Beans  Potato Salad  Ice Cream | 11 Chicken &  Sausage Gumbo  **OR** Chicken w/  Gravy & Rice  Steamed Carrots  Cookies | 12 |
| 13 | 14 Orange Chicken  **OR** Chicken w/  Gravy & Rice  Peas  Salad  Muffins | 15  Beef Tacos **OR**  Chicken Noodle  Soup  Corn on the Cob  Mandarin Oranges | 16 Meatball  Sandwich **OR**  Chicken Patty  On Bun  Malibu Blend  Salad / Sherbet | 17 Red Beans w/ Rice **OR** Chili  Collard Greens  Cornbread  Mixed Fruit | 18 Grilled Cheese  Sandwich w/  Tomato Soup **OR**  Jambalaya w /  Tuscan Blend  Ice Cream | 19 |
| 20 | 21 Chicken Sliders  **OR** Egg Salad  On Bun  Sun Chips  Coleslaw  Cookies | 22 Salisbury Steak  **OR** Chicken w/  Gravy & Potatoes  Mixed Veggies  Peach Cobbler | 23 Spaghetti  Casserole **OR**  Chicken w/ Gravy  & Pasta  Broccoli  Bread Stick / Muffins | 24 Sweet & Sour  Chicken **OR**  Chicken w/ Gravy  Rice  Brussel Sprout  Pineapple Chunks | 25 Tuna Salad **OR**  Chicken Salad  On Pita  Chicken Noodle Soup  Ice Cream | 26 |
| 27 | 28  Meatballs **OR**  Chicken w/ Gravy  Mashed Potatoes  Broccoli  Salad  Cookies | 29 Baked Fish **OR**  Chicken w/ Gravy  Dirty Rice  Monterey Blend  Diced Peaches | 30 Shrimp & Corn  Chowder **OR**  Chicken w/ Gravy  & Rice  Tuscan Blend  Coleslaw  Mandarin Oranges | 31  Hamburgers **OR**  Chili on Bun  Sun Chips  Potato Salad  Muffins |  |  |