##

MAGNOLIA COMMUNITY SERVICES

 **OCTOBER 2019 MEAL CALENDAR**



|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  | 1 Beef Stew **OR**Chicken w/ GravyRiceBroccoliYogurt | 2Chicken Tenders**OR** Chicken w/Gravy & PotatoesCaribbean BlendSalad/ Ice Cream | 3 White Beans **OR**Chicken w/ GravyRiceCollard GreensSalad/ Cookies | 4 Pizza**OR**Dirty RiceMonterey BlendPineapple Tidbits | 5 |
| 6 | 7 Caesar Chicken **OR** Chicken w/ Gravy on PitaTater TotsColeslawSherbet | 8Shrimp Fried Rice**OR**Baked Potato SoupEgg RollTropical Fruit  | 9 Chili Mac **OR**Chicken w/ GravyPastaChateau BlendSaladOrange Quarters | 10 BBQ Pork Chops **OR**Chicken w/ GravyBaked BeansPotato SaladIce Cream  | 11 Chicken &Sausage Gumbo**OR** Chicken w/Gravy & RiceSteamed CarrotsCookies | 12 |
| 13 | 14 Orange Chicken**OR** Chicken w/Gravy & RicePeasSaladMuffins | 15 Beef Tacos **OR**Chicken NoodleSoupCorn on the CobMandarin Oranges | 16 MeatballSandwich **OR**Chicken PattyOn BunMalibu BlendSalad / Sherbet | 17 Red Beans w/ Rice **OR** ChiliCollard GreensCornbreadMixed Fruit  | 18 Grilled CheeseSandwich w/Tomato Soup **OR**Jambalaya w /Tuscan BlendIce Cream | 19 |
| 20 | 21 Chicken Sliders**OR** Egg SaladOn BunSun ChipsColeslawCookies | 22 Salisbury Steak**OR** Chicken w/Gravy & PotatoesMixed VeggiesPeach Cobbler | 23 SpaghettiCasserole **OR**Chicken w/ Gravy& PastaBroccoliBread Stick / Muffins | 24 Sweet & SourChicken **OR**Chicken w/ GravyRiceBrussel SproutPineapple Chunks | 25 Tuna Salad **OR**Chicken Salad  On PitaChicken Noodle Soup Ice Cream  | 26 |
| 27 | 28 Meatballs **OR**Chicken w/ GravyMashed PotatoesBroccoliSaladCookies | 29 Baked Fish **OR**Chicken w/ GravyDirty RiceMonterey BlendDiced Peaches | 30 Shrimp & CornChowder **OR**Chicken w/ Gravy& RiceTuscan BlendColeslawMandarin Oranges | 31Hamburgers **OR**Chili on BunSun ChipsPotato SaladMuffins |  |  |